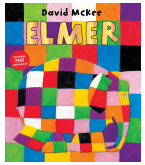
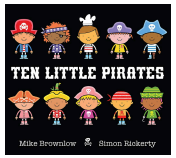
RSE / PSHE Curriculum Our Lady's

Private body parts, Physical safety, E-safety, Bullying (physical and emotional), Sensitive issues, Drugs and alcohol, Road Safety, First Aid/ safety
Diet, exercise, healthy eating Transition Careers Finance

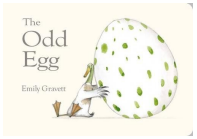
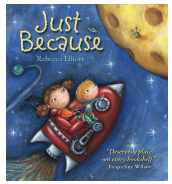
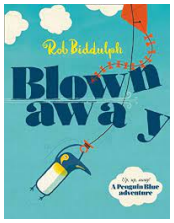
YR	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
	Smartie the Penguin - Online Internet Safety					
	Module 1 Created and loved by God Unit 1: Religious Understanding Story Sessions: Handmade With Love	Unit 2: Me, my body, my health Session 1: I Am Me Session 2: Heads, Shoulders, Knees and Toes Session 3: Ready Teddy	Unit 3: Emotional well-being Session 1: I Like, You Like, We All Like! Session 2: Good Feelings, Bad Feelings Session 3: Let's Get Real Unit 4: Life cycles Session 1: Growing Up Session 2: New people, new places	Module 2 Created to love others Unit 1: Religious Understanding Session 1: Role Model Unit 2: Personal Relationships Session 1: Who's Who? Session 2: You've Got a Friend in Me Session 3: Forever Friends	Unit 3: Life online Session 1: What is the internet? Session 2: Playing online Unit 4: Keeping safe Session 1: Safe Inside and Out Session 2: My Body, My Rules Session 3: Feeling Poorly Session 4: People Who Help Us	Module 3 Created to live in community Unit 1: Religious Understanding Session 1: God is Love Session 2: Loving God, Loving Others Unit 2: Living in the wider world Session 1: Me, You, Us Session 2: When I grow up Session 3: Money doesn't grow on trees

	Blue Chameleon by Emily Gravett *Accepting differences* 	The Family Book by Todd Parr	You Choose by Nick Sharratt & Pippa Goodheart	Red Rockets & Rainbow Jelly by Sue Heap & Nick Sharratt	Mommy Mama & Me by Leslea Newman & Carol Thompson	
Other	19.10.26 Breast Cancer Awareness Month Charity Day	08.11.26 Inter Faith Week 16.11.26 Anti-Bullying Week Advent charity focus	01.02.27 Children's Mental Health Week 09.02.27 Safer Internet Day 05.02.27 NSPCC Number Day	Lenten charity focus 04.03.27 World Book Day	22.04.26 Earth Day	14.06.27 Refugee Week 22.06.27 Great Science Share
	Vision and Values (Whole school focus in Autumn and threaded through whole year) Newsround sessions weekly - covering global events, opinions, discussions and debates British Values - covered throughout the year					

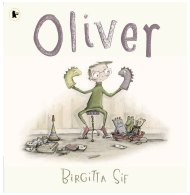
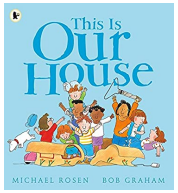
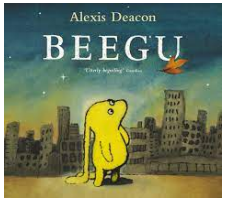
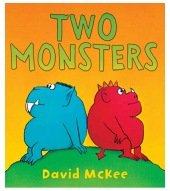
Y1	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
 Kapow	Using the internet safely	Online emotions	Always be kind and considerate	Posting and sharing online	How much time should we spend on technology?	Assessment: Computing Year 1 Online Safety
	Module 1 Created and loved by God Unit 1: Religious understanding KS1.1.1 Let the Children Come	Module 2 Created to love others Unit 1 Religious understanding KS1.2.1.1 God Loves You Unit 2 Personal relationships	Unit 3: Life online KS1.2.3.1 Real life on line KS1.2.3.2 Rules to help us Unit 4: Keeping safe KS1.2.4.1 Good Secrets & Bad	KS1.2.4.3 Harmful Substances KS1.2.4.4 Can You Help Me? (Part 1) KS1.2.4.5 Can You Help Me? (Part 2)	Module 3 Created to live in community Unit 1: Religious understanding KS1.3.1.1 Three in One KS1.3.1.2 Who Is My Neighbour?	Unit 2: Living in the wider world KS1.3.2.1 The Communities We Live In

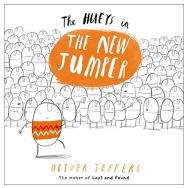
		KS1.2.2.1 Special People KS1.2.2.2 Treat Others Well KS1.2.2.3 ...And Say Sorry	Secrets KS1.2.4.2 Physical Contact			
	Elmer by David McKee 	Ten Little Pirates by Mike Brownlow and Simon Rickerty 	My Grandpa is Amazing by Nick Butterworth 	My World, Your World by Melanie Walsh 	Max the Champion by Sean Stockdale 	
Other	19.10.26 Breast Cancer Awareness Month Charity Day	08.11.26 Inter Faith Week 16.11.26 Anti-Bullying Week Advent charity focus	01.02.27 Children's Mental Health Week 09.02.27 Safer Internet Day 05.02.27 NSPCC Number Day	Lenten charity focus 04.03.27 World Book Day	22.04.26 Earth Day	14.06.27 Refugee Week 22.06.27 Great Science Share
	Vision and Values (Whole school focus in Autumn and threaded through whole year) Newsround sessions weekly - covering global events, opinions, discussions and debates British Values - covered throughout the year					

Y2	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
 Kapow/Commonsense Media	What happens when I post online?	How do I keep my things safe online?	It's my choice	Is it true?	Commonsense media: Understanding ads	Assessment: Computing Year 2 Online Safety

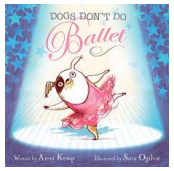
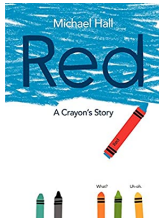
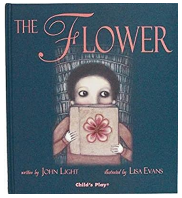
Life to the Full Plus!	Module 1 Created and loved by God Unit 1: Religious understanding KS1.1.1 Let the Children Come Unit 2: Me, my body, my health KS1.1.2.1 I Am Unique (Me) KS1.1.2.2 Girls and Boys (My Body) - just teach penis and vagina KS1.1.2.3 Clean and Healthy (My Health)	Unit 3 Emotional well-being KS1.1.3.1 Feelings, Likes and Dislikes KS1.1.3.2 Feeling Inside Out KS1.1.3.3 Super Susie Gets Angry Unit 4: Life cycles KS1.1.4.1 The Cycle of Life KS1.4.2 Beginnings and endings KS1.4.3 Change is all around			Module 3 Created to live in the community Unit 1: Religious understanding KS1.3.1.1 Three in One KS1.3.1.2 Who Is My Neighbour?	Unit 2Living in the wider world KS1.3.2.1 The Communities We Live In KS1.3.2.2 Who will I be? KS1.3.2.3 Needs and wants
	The Great Big Book of Families by Mary Hoffman and Ros Asquith 	The First Slodge by Jeanne Willis 	The Odd Egg by Emily Gravett 	Just Because by Rebecca Elliot 	Blown Away by Rob Biddulph 	
Other	19.10.26 Breast Cancer Awareness Month Charity Day	08.11.26 Inter Faith Week 16.11.26 Anti-Bullying Week Advent charity focus	01.02.27 Children's Mental Health Week 09.02.27 Safer Internet Day 05.02.27 NSPCC Number Day	Lenten charity focus 04.03.27 World Book Day	22.04.26 Earth Day	14.06.27 Refugee Week 22.06.27 Great Science Share
	Vision and Values (Whole school focus in Autumn and threaded through whole year) Newsround sessions weekly - covering global events, opinions, discussions and debates					

	British Values - covered throughout the year

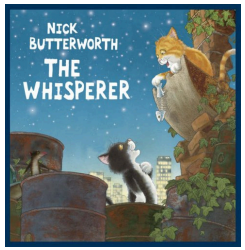
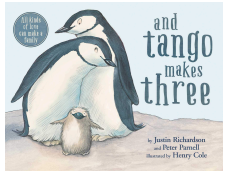
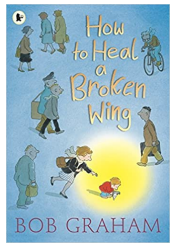
Y3	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
 Be Internet Legends/ Commonsense Media	BIL: SHARP Think Before You Share Is it OK to share? Commonsense media: Who is in your online community?	BIL: ALERT Check It's for Real Don't bite that phishing hook!	BIL: SECURE Protect Your Stuff But it wasn't me!	BIL: KIND Respect Each Other Noticing feeling	BIL: BRAVE When in Doubt, Discuss Upstanders have options	End of year assessment covering content knowledge/ understanding
	Module 1 Created and loved by God Unit 1 Religious understanding LKS2.1.1 Get Up LKS2.1.1.1 The Sacraments		Module 2 Created to love others Unit 1: Religious understanding LKS2.2.1 Jesus My Friend Unit 2: Personal relationships LKS2.2.2.1 Family, Friends and Others 2.2.2 When Things Feel Hard LKS2 LKS2.2.2.3 Balancing needs	Unit 3: Life online LKS2.2.3.1 Sharing Online LKS2.2.3.2 Chatting Online Unit 4: Keeping safe LKS2.2.4.4 First Aid Heroes	Module 3 Created to live in community Unit 1: Religious understanding LKS2.3.1.1 A Community of Love LKS2.3.1.2 What is the Church?	Unit 2: Living in the wider world LKS2.3.2.1 How Do I Love Others? LKS2.3.2.2 Working together
	Oliver by Birgitta Sif 	This is Our House by Michael Rosen 	The Hueys in New Jumper by Oliver Jeffers	Beegu by Alexis Deacon 	Two Monsters by David McKee 	

						
Other	19.10.26 Breast Cancer Awareness Month Charity Day	08.11.26 Inter Faith Week 16.11.26 Anti-Bullying Week Advent charity focus	01.02.27 Children's Mental Health Week 09.02.27 Safer Internet Day 05.02.27 NSPCC Number Day	Lenten charity focus 04.03.27 World Book Day	22.04.26 Earth Day	14.06.27 Refugee Week 22.06.27 Great Science Share
	Vision and Values (Whole school focus in Autumn and threaded through whole year) Newsround sessions weekly - covering global events, opinions, discussions and debates British Values - covered throughout the year					

Y4	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
 Be Internet Legends/ Commonsense Media	BIL: SHARP Think Before You Share Whose profile is it anyway? How do others see us? Commons sense media: Making healthy Media Choices	BIL: ALERT Check It's for Real Who are you really? Commonsense media: Perfectly Altered	BIL: SECURE Protect Your Stuff How to build a great password	BIL: KIND Respect Each Other Your kindness gram	BIL: BRAVE When in Doubt, Discuss Upstander options Commonsense media: Level Up	End of year assessment covering content knowledge/ understanding

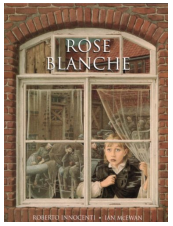
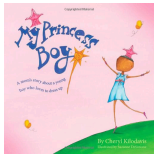
Life to the Full Plus!	Module 1 Created and loved by God Unit 1: Religious understanding LKS2.1.1.1 The Sacraments	Unit 2: Me, my body, my health LKS2.1.2.1 We Don't Have To Be The Same LKS2.1.2.2 Respecting Our Bodies	Unit 3: Emotional well-being LKS2.1.3.1 What Am I Feeling? LKS2.1.3.2 What Am I Looking At? LKS2.1.3.3 I Am Thankful!	Unit 4: Life cycles LKS2.1.4.1 Life Cycles LKS2.1.4.2 A time for everything LKS2.1.4.2 Big changes, little changes Module 2 Created to love others Unit 4: Keeping safe LKS2.2.4.1 Safe in my body LKS2.2.4.2 Recognising risk LKS2.2.4.3 Drugs, Alcohol and Tobacco	KS2.2.4.5 Rights and responsibilities Module 3 Created to live in community Unit 1: Religious understanding LKS2.3.1.1 A Community of Love LKS2.3.1.2 What is the Church?	Unit 2: Living in the wider world LKS2.3.2.1 How Do I Love Others? LKS2.3.2.3 Money matters
	Dogs Don't Do Ballet by Anna Kemp and Sarah Ogilvie 	Red: A Crayon's Story by Michael Hall 	King and King by Linda de Haan and Stern Nijland 	The Way Back Home by Oliver Jeffers 	The Flower by John Light 	
Other	19.10.26 Breast Cancer Awareness Month Charity Day					First Aid afternoon

Y5	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2

 Be Internet Legends/ Commonsense Media	BIL: SHARP Think Before You Share Keeping it private That's not what I meant!	BIL: ALERT Check It's for Real It's not really true? Spotting disinformation online **Commonsense media:** Gone Phishing	BIL: SECURE Protect Your Stuff Shh...Keep it to yourself!	BIL: KIND Respect Each Other Turning negative into positive Mixed messages	BIL: BRAVE When in Doubt, Discuss Seeing Upsetting Stuff What to do about mean stuff online	End of year assessment covering content knowledge/ understanding
	**Module 1 Created and loved by God** Unit 1: Religious understanding UKS2.1.1 Calming the Storm	Unit 2: Me, my body, my health LKS2.1.2.3 What is Puberty? LKS2.1.2.4 Changing Bodies	**Module 2 Created to love others** Unit 1 Religious understanding UKS2.2.1.1 Is God Calling You?	Unit 2: Personal relationships UKS2.2.2.1 Under Pressure UKS2.2.2.2 Do You Want a Piece of Cake? UKS2.2.2.3 Self-Talk UKS2.2.2.4 Confidence versus control	Unit 3: Life online UKS2.2.3.1 Sharing Isn't Always Caring UKS2.2.3.2 Cyberbullying Unit 4: Keeping safe UKS2.2.3.3 Types of Abuse UKS2.2.3.4 Impacted Lifestyles UKS2.2.3.5 Making Good Choices UKS2.2.3.6 Giving Assistance	**Module 3 Created to live in community** Unit 1: Religious understanding UKS2.3.1.1 The holy Trinity UKS2.3.1.2 Catholic Social Teaching Unit 2: Living in the wider world UKS2.3.2.1 Reaching out
	The Whisperer by Nick Butterworth 	Where the Poppies Now Grow by Hilary Robinson and Martin Impey 	And Tango Makes Three by Justin Richardson and Peter Parnell 	How to Heal a Broken Wing by Bob Graham 	The Artist Who Painted a Blue Horse by Eric Carle 	

Other	19.10.26 Breast Cancer Awareness Month Charity Day	08.11.26 Inter Faith Week 16.11.26 Anti-Bullying Week Advent charity focus	01.02.27 Children's Mental Health Week 09.02.27 Safer Internet Day 05.02.27 NSPCC Number Day	Lenten charity focus 04.03.27 World Book Day	22.04.26 Earth Day Y6 Road Safety workshop	14.06.27 Refugee Week 22.06.27 Great Science Share World of Work week
	Vision and Values (Whole school focus in Autumn and threaded through whole year) Newsround sessions weekly - covering global events, opinions, discussions and debates British Values - covered throughout the year					

Y6	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
 Be Internet Legends/ PSHE Association	BIL: SHARP Think Before You Share Frame it	BIL: ALERT Check It's for Real If we were a search engine Practising how to search online	BIL: SECURE Protect Your Stuff Taking care of yourself and others	BIL: KIND Respect Each Other How words can change the whole picture	BIL: BRAVE When in Doubt, Discuss When to get help Report it online too PSHE association: Digital Deepfakes	End of year assessment covering content knowledge/ understanding
 	Module 1 Created and loved by God Unit 1: Religious understanding UKS2.1.1 Calming the Storm	Unit 2: Me, my body, my health UKS2.1.2.1 Gifts and Talents UKS2.1.2.2 Girls' Bodies UKS2.1.2.3 Boys' Bodies	Unit 3: Emotional well-being UKS2.1.3.1 Body Image UKS2.1.3.2 Funny Feelings UKS2.1.3.3 Emotional Changes	Unit 4 Life cycles UKS2.1.4.1 Making Babies (Part 1) UKS2.1.4.3 Menstruation UKS2.1.4.4 Hope beyond death UKS2.1.4.5 Coping with change	Module 2 Created to love others Unit 1 Religious understanding UKS2.2.1.1 Is God Calling You? Unit 2: Personal relationships UKS2.2.2.5 Build	Module 3 Created to live in community Unit 1: Religious understanding UKS2.3.1.1 The holy Trinity UKS2.3.1.2 Catholic Social Teaching

		UKS2.1.2.4 Spots and Sleep	UKS2.1.3.4 Seeing Stuff Online		others up	Unit 2: Living in the wider world UKS2.3.2.1 Reaching out UKS2.3.2.2 The world of work UKS2.3.2.3 Money and me
	Rose Blanche by Ian McEwan and Roberto Innocenti 		The Island by Armin Greder 	Dreams of Freedom by Amnesty International 	My Princess Boy by Cheryl Kilodavis and Suzanne DeSimone 	Love You Forever by Robert Munsch 
Other	19.10.26 Breast Cancer Awareness Month Charity Day	08.11.26 Inter Faith Week 16.11.26 Anti-Bullying Week Advent charity focus	01.02.27 Children's Mental Health Week 09.02.27 Safer Internet Day 05.02.27 NSPCC Number Day	Lenten charity focus 04.03.27 World Book Day	22.04.26 Earth Day Y6 Road Safety workshop	14.06.27 Refugee Week 22.06.27 Great Science Share World of Work week
	Vision and Values (Whole school focus in Autumn and threaded through whole year) Newsround sessions weekly - covering global events, opinions, discussions and debates British Values - covered throughout the year					